

NORTH BANK WEEKLY ACTIVITIES FOR UNDER 5s - AUTUMN TERM 2011

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Jabberjacks 10.00 - 11.00 Holly/Narthex drop in</p>	<p>Baby Talk (0-18 mths) 9.30 - 12.30 Garden Room drop in</p>	<p>Toddlers (under 3s) 9.30 - 11.30 Garden Room drop in</p>	<p>Health Visitors whole morning Bch/Hol/Ced by appointment</p>	<p>Debutots 9.30, 10.30, 11.30am Oak book</p>
<p>Sing & Sign 10am + 11am Treetops book</p>	<p>Monkey Music 9.30, 10.30 am Narthex book</p>	<p>Antenatal Clinic 9.00 - 5pm Treetops by appointment</p>		<p>Muswell Hill Methodist Church www. mhmc.org.uk T: 020 8365 2466</p> <p>North Bank: 07546 998 583</p>
	<p>Tiny Tunes 11:30 - 12:30 Narthex book or drop in</p>			
<p>Sing & Sign 1.15 - 2.15pm Holly book</p>	<p>PCT Midwife post natal clinic 1 - 3pm Treetops</p>	<p>HALS Family Learning English Class 12:30 - 3pm Come in to register</p>		
<p>Mother & Baby Yoga 1.30 - 2.30 Oak book</p>	<p>Tiny Talk (0-6 mths) 1 - 3pm Garden Room drop in</p>	<p>Bright Sparks for 2+ 1 - 3pm Garden Room book or drop in</p>	<p>Baby Weighing 1.30 - 3.30pm Holly drop in</p>	
		<p>German Babygroup 2 - 4pm Oak drop in</p>	<p>Weigh-in Cafe 1.30 - 3.30pm Narthex drop in</p>	
<p>Debutots 15.15 - 16.45 Oak Room book</p>	<p>Dance Classes 4 - 5pm Garden Room book</p>	<p>Baby Massage 1.45 - 2.45 Holly/Beech book</p>		
	<p>Pregnancy Yoga 6.30 - 7.30 Oak book</p>	<p>Dance Classes from 4pm Oak book</p>	<p>Pregnancy Yoga 7 - 8pm Oak book</p>	